



Slipstreamers- Racing Diary 2010



Youth Age categories				
A	B	C	D	E
U16	U14	U12	U10	U8

West Midlands Youth Races- British Cycling

7th March/ 17th April Venue: Tudor Grange Solihull
29th May/ 27th June Venue: Curborough Sprint Course
17th July Venue: Sundorne Sports Village Shrewsbury

Shrewsbury Paramount Circuit Racing series 1 - 3

6th March/ 13th March/ 20th March
Venue: Sundorne Sports Village Shrewsbury
U12s and youth from 11am Seniors from 1pm

Curborough Circuit Racing Series 1-3

Lichfield City Cycling Club Youth Series
27th March/ 24th April / 2nd May / 22nd Mayth/ 3rd July / 24th July
Venue: Curborough Sprint Course Nr Fradley Business Park
All cats. from 9am

Halesowen Friday Night Track League

Starts 7th May to 10th September
All cats. from 7.15pm (U12s finish racing around 8.30pm)
Venue: Halesowen track
All riders must be accredited (see your coach)

Halesowen Dudley Grand Prix Track Meeting

Starts 10th & 11th July
Venue: Halesowen track
All riders must be accredited (see below)

Curborough Circuit Racing Series 1-3

Royal Sutton Cycling Club
23rd June / 30th June / 7th July
Venue: Curborough Sprint Course Nr Fradley Business Park
All cats. from 7pm

Solihull CC National Youth Series Circuit Race (round 6)

20th June / Open for all Youth categories A to E
Venue: Tudor Grange Park Solihull
First race off is Youth D at 10:45am

British Schools Regional Hill climb - Gorcott Hill nr Redditch,
5th July 7.15pm. Details and entry forms can be found at
<http://www.bsca.org.uk/>



Halesowen Friday Night Track League - Accreditation

To ride Halesowen track league all Freewheelers have to pass track accreditation. This takes place on April 11th, 18th & 25th just go along to one of these Sunday morning sessions at Halesowen track. The accreditation criteria consist of the following:

1. All riders must be able to come onto and leave the track in a safe way.
2. All riders must be able to sit on their bike without help.
3. All riders must be able to leave then come back onto the fence. Remembering to look over their left shoulder on leaving and their right shoulder when returning to the fence.
4. All riders must be able to ride a line without overlapping wheels.
5. All riders must be able to ride 'bit & bit' front to back), remembering to look over their right shoulder before manoeuvring, at all times.
6. All riders must be able to ride in a bunch.
7. All riders must be able to ride around the top of the bank.
8. When racing, no rider will come onto the hard shoulder.
9. All riders must be able to complete 2 laps in 2 minutes & 20 seconds.
10. All riders must understand that when the gun is fired more than once the race has stopped.
11. All riders must not go onto the track until told and must not leave the track until they have asked
12. All riders must be able, when passing a rider, to let them know you are coming by shouting 'inside' or 'outside'(inside is running track side, outside is fence side)

Note: gears are restricted for youth riders as noted below. Your bike will normally be checked at each event.

Gear in metres = Diameter of rear wheel in metres × π (3.14) × No of teeth on chainring ÷ No of teeth on sprocket

Or the flat distance for one revolution in reverse using the hardest gearing

A	B	C	D	E
U16 6.93m	U14 6.45m	U12 6.05m	U10 5.4m	U8 5.1m

It's always better to ride events with team mates so let's get co-ordinated and let others know what events you may be attending. Pre-entry to some events is required. Please check with British Cycling website for more details closer to date before setting out as events can be cancelled. Also check the club's website www.rrpcc.co.uk for information and post any news you have on the Forum

